SAVE TIME STUDYING Nursing Students Note Taking GOES MOBILE



PRESENTED BY:

Tim Bristol, PhD, RN, CNE, ANEF, FAAN

Our Speaker

His motto...

"Today we will learn how to learn."



Tim Bristol, PhD, RN, CNE, ANEF, FAAN

Owner NurseThink® NCLEX® Review Faculty Walden University Faculty FSIL Nursing – Haiti NurseThink.com





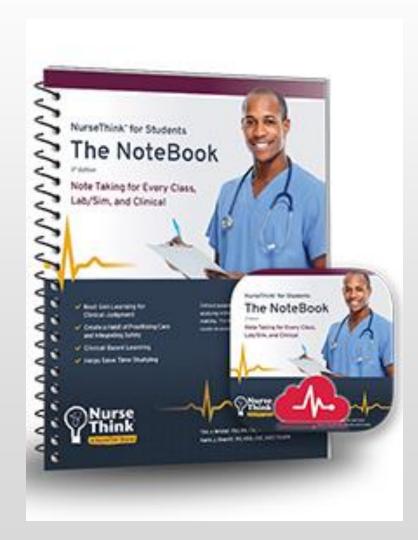
3 Step Process to YOUR Success

- 1. Save time Studying
- 2. Know what you DON'T know
- 3. To DO something with what you DON'T know



Save Time Studying







NurseThink® NoteBook App – Main Index Search

Asthma Main Index (11) **K** Back Index Topic List Done × Q oxy 0 Asthma Chronic Obstructive Pulmonary Disease Otitis Media **Cystic Fibrosis** Oxygenation Pulmonary Hypertension Ρ Severe Acute Respiratory Syndrome Pancreatitis Α Parkinson's Disease В С D Pediatrics E F Peptic Ulcer G **Priority Assessments or Cues :** н 1. Perfusion



NurseThink® NoteBook App - Notes

< Bac	_k Main Index	Index	Respiration - Oxygenation, Gas Exchange
Q res	p Metabolism, Nutrition, Eliminat		Notes
	Regulation I – Thermoregulatio Cellular Regulation, Intracranial Regulation Respiration – Oxygenation, Gas Exchange	n,	Related Concepts : Perfusion, mobility
	Respiratory Acidosis	B C D E	Related Exemplars/Diseases : Acute respiratory failure / aids, obstruction, asthma, COPD
	Respiratory Alkalosis Restless Leg	F G H I	Reading/Resources - Clinical Judgment : Assessment priorities resp rate, ox sat / Pox, skin/cyanosis, nail beds lips,
G S	Rheumatoid Arthritis	L M N O	thorax symmetric, expansion, spinal alignment ?, A/P ratio, auscultation, cough, sob, pain with breathihngp. 387-90
	Safety Procedures	P R S	Impacted by ventilation, transport/perfusion Risk factors: infants young kids, older adults, anemia, weakened chest wall
	Schizophrenia School-Age Child	T U V W	(slide 29), impact on cough (can't clear secretions) Immune issues / infections, smoking, decreasced LOC, swallowing problems, neurological disorders, immobility, COPD, heart failure (bibasilar
	Second Stage of Labor		crackles), immunodeficiency, cancer , decreased CO Confusion in the older adult = hypoxia





NurseThink® NoteBook - Web App

= Phink ANUTSE	TJ Bristol
Main Index	Selected Index : Respiration - Oxygenation, Gas Exchange
Search Main Indexes	
sp	Related Concepts :
xygenation	Perfusion, mobility
piration - Oxygenation, Gas Exchange	
spiratory Acidosis	
piratory Alkalosis	Related Exemplars/Diseases :
Acute Respiratory Syndrome	Acute respiratory failure / aids, obstruction, asthma, COPD
piratory Infections	
	Reading/Resources - Clinical Judgment :
	Assessment priorities resp rate, ox sat / Pox, skin/cyanosis, nail beds lips, thorax
	symmetric, expansion, spinal alignment ?, A/P ratio, auscultation, cough, sob, pai
	with breathihngp. 387-90
	Class/Lab/Clinical - Clinical Judgment :
	Impacted by ventilation, transport/perfusion
	Risk factors: infants young kids, older adults, anemia, weakened chest wall (slide
	29), impact on cough (can't clear secretions)
	Immune issues / infections_smoking_decreasced LOC_swallowing problems



NurseThink® NoteBook App – Forming Habits

🗸 Back	Main Index	Index	Prescription Medication Abuse	(1)
o preeclampsi		8	Notes	
			Related Concepts :	
Post- (PTSI	-Traumatic Stress Disord())	91		
Pregi	nancy	A	Related Exemplars/Diseases :	
		B		
T Preop	perative	D	Reading/Resources - Clinical Judgment :	
Preso	chool Child	F		
Preso	ription Medication Abuse		Class/Lab/Clinical - Clinical Judgment :	
Press	sure Ulcers	L M N		
Prete	erm Labor	O P R	Priority Assessments or Cues :	
Prost	ate Cancer	s T	2.	
Prote Inflar	ection – Immunity, nmation, Infection	u v w	3.	
Psycl	nosis (Cognition-Functior		Priority Labs & Diagnostics :	0
Psych Psych	nosis (Emotion- nobiological)		1.	Ø



NurseThink® NoteBook App - Priorities

🕻 Back	Main Index In	ıdex	Respiration – Oxygenation, Gas Exchange	(1)
Q resp				
 Metabo	lism, Nutrition, Elimination	1		
Regula ⁻	tion I – Thermoregulation,		Priority Assessments or Cues :	
LT Cellular Regula	Regulation, Intracranial tion	Α	Resp rate / tachy	
Respira	tion – Oxygenation,	в		
G as Exc	hange	С		
Respira	tory Acidosis	D E F	O2 sat (careful in anemia may not be trustworthy) 2.	
Respira	tory Alkalosis	G	Auscultation / lung sounds	
Restles	is Leg	l L		
Rheum	atoid Arthritis	M N O	Priority Labs & Diagnostics :	
		P	ABGs tic tac toe video 1.	
Safety	Procedures	S T	CBC / WBC, Hgb	
Schizop	hrenia	U V	2.	
School	-Age Child	w	3. Sputum	



NurseThink® NoteBook App – NurseThink Quick

K Back	Main Index	ndex	Respiration – Oxygenation, Gas Exchange	12
Q resp	bolism, Nutrition, Eliminatio		NurseThink® Quick :	
Respi Respi Respi Respi Respi	Ilation I – Thermoregulation, Ilar Regulation, Intracranial Ilation iration – Oxygenation, Exchange iratory Acidosis iratory Alkalosis less Leg		 Treatment for asthma <u>A-adrenergics</u> S-steroids T-theophylline H-hydration M-mask O2 A-antibiotics 	
s		O P R	Respiratory opposite Metabolic equal	
	ty Procedures zophrenia	S T U	•	
	ol-Age Child	v w	 NEXT GEN LEARNING - NCLEX® TEST PLAN : Safe and Effective Care: Management of Care, Coordinate Care, Safety and 	
			Infection Control	



NurseThink® NoteBook App – Quality & Safety

Kerne Kain Index Index	Respiration – Oxygenation, Gas Exchange
Q resp B T Metabolism, Nutrition, Elimination	QUALITY AND SAFETY COMPETENCIES :
Regulation I – Thermoregulation,	Patient-Centered Care
Regulation I – Thermoregulation, Cellular Regulation, Intracranial Regulation	Work with them to come up with strategies to deal with dyspnea that
Respiration – Oxygenation, Gas Exchange	в works for them
	• Teamwork and Collaboration
Respiratory Acidosis	Does the <u>cna</u> know to take vitals correctly?
Respiratory Alkalosis	G Vidence-Based Practice
Restless Leg	
Rheumatoid Arthritis	 Quality Improvement O
S	R • Safety
Safety Procedures	s Fast heart rate indicates hypoxia т
Schizophrenia	U I
	 V Informatics W
School-Age Child	Blood gas or pulse ox / don't get confused





NurseThink® NoteBook App – Review / Tracking

く Ba	ck Main Index _{In}	dex	Respiration – Oxygenation, Gas Exchange	15
Q re	sp	$\boldsymbol{\otimes}$	• Safety	
R	Metabolism, Nutrition, Elimination		Fast heart rate indicates hypoxia	
	Regulation I – Thermoregulation, Cellular Regulation, Intracranial Regulation			
	-	A	Informatics	
	Respiration – Oxygenation, Gas Exchange	B C	Blood gas or pulse ox / don't get confused	
ſ	Respiratory Acidosis	D E F		
ſ	Respiratory Alkalosis	G H	Peer Review: BJ and Shankar 3/19	
Ţ	Restless Leg	l L		_
ſ	Rheumatoid Arthritis	M N O	Faculty Review:	
S		P		—
F	Safety Procedures	R S	Grade Tracker:	
	Schizophrenia	T U	67% on EAQ <u>resp</u>	
U	F	v w		
	School-Age Child		Save Notes Export to PDF	



NurseThink® NoteBook App - Bookmarks

K Back	History	Clear	
	History Bookmarks		
Add Bookmark			
Respiration - Oxygenation, Gas Exchange NurseThink NoteBook			
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Crisis NurseThink NoteBook			
Conjunctivitis NurseThink NoteBook			
Contact Dermatitis NurseThink NoteBook			
Acute Coronary Syndrome NurseThink NoteBook			
Acute Kidney Injury NurseThink NoteBook			
Alcohol Abuse NurseThink NoteBook			
Amputation NurseThink NoteBook			



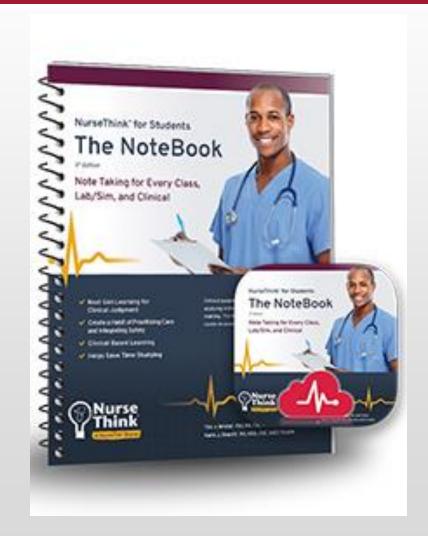
NurseThink® NoteBook App – Smartlinking

く Bac	_{sk} Main Index _I	ndex	Respiration – Oxygenation, Gas Exchange
 resp Metabolism, Nutrition, Elimination 			Notes
	Regulation I – Thermoregulation, Cellular Regulation, Intracranial Regulation		Related Concepts : Perfusion, mobility
Ţ	Respiration – Oxygenation, Gas Exchange	A B	
Ţ	Respiratory Acidosis	C D E	Related Exemplars/Diseases : Acute respiratory failure / aids, obstruction, asthma, COPD
ſ	Respiratory Alkalosis	F G	
Ţ	Restless Leg	H 1 L	Reading/Resources - Clinical Judgment : Assessment priorities resp rate, ox sat / Pox, skin/cyanosis, nail beds lips, thorax symmetric, expansion, spinal alignment ?, A/P ratio, auscultation,
G	Rheumatoid Arthritis	M N	cough, sob, pain with breathihngp. 387-90
S		0	Class/Lab/Clinical - Clinical Judgment :
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Ţ	Schizophrenia	T U	(slide 29), impact on cough (can't clear secretions) Immune issues / infections, smoking, decreasced LOC, swallowing
Ţ	School-Age Child	v w	problems, neurological disorders, immobility, COPD, heart failure (biba crackles), immunodeficiency, cancer , decreased CO
Second Stage of Labor			Confusion in the older adult = hypoxia



DO NurseThink[®]









INNOVATIVE TOOLS FOR NURSING EDUCATION



INNOVATIVE TOOLS FOR NURSING EDUCATION

Ask a question

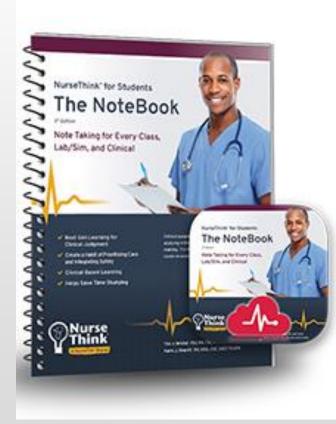


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